



# **FREE Virtual Seminar:**

## **“Avoiding Caregiving Burnout During COVID-19”**

with Faith Unger, M. Ed., and Lori Hill, AGE of Central Texas CaregiverU caregiver education and training program

**Friday, Nov. 13th | 1:00 - 2:30 pm**

**Register for FREE:**

**[www.TinyURL.com/BudaNov13](http://www.TinyURL.com/BudaNov13)**

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Hosted by the City of Buda Senior Task Force on Aging

